

## Getting ready for change - How can I help my child with transition?

At South Park we really do not see children as 'being ready' for Primary 1. Each child is an individual and there is no tick list of things they 'should' be able to do before the reach school. When they come to school each will be treated as an individual, grouped accordingly and have a tailored curriculum delivered to meet their needs.



All that being said, we realise, that at this time, parents are anxious. We have prepared this leaflet to support you make decisions about your child going to P1 or returning to Nursery. The information below will help you consider areas that your child requires support in. This is not intended as a list you work through in order to see if your child is ready to cope with the transition to Primary 1. It's intended as something you can use between now and August to support your child develop at their own pace.

Remember all children learn at different rates so please remember the skills below are just a guide, so it is okay if they are finding skills difficult or not yet at the stage to do them. For some of the skills there are examples of activities you could be doing at home in order to help achieve this skill. Its' aim is to support parents and carers to ensure our children are ready to cope with the change that is transition to P1.

You will find below the following. . .

- How so support your child cope with change . . .
- Getting ready to learn grid

How so support your child cope with change . . .

### Listening and Understanding



- I can follow rules and routines.
- I am able to sit still for a short amount of time and listen.
- I can follow simple instructions.
  - For example, "Put your coat on". Or "Pick a book to read".
- I enjoy listening to stories and am able to speak about the book.
  - Did you like or dislike the story - this can be as simple as thumbs up or down. What characters are in the story? What can you see in the pictures?

### Literacy and Speaking



- I am understood when I talk or have strategies to help me (gestures).

- I am able to talk about myself, my thoughts and feelings.
- I am exploring and interested in books and music.
- I am able to recall and sing some nursery rhymes.
- I am practising to recognise my name when it is written down.



### • **Maths Skills**

- I am aware of numbers and counting.
- I join in with numbers, words, songs and play.
- I experiment with emptying and filling sand/water containers.
- I can recognise some written numbers.
- I look at numbers in my community.
  - When you are out for a walk look to see where you can see numbers - buses, houses, shops, cars etc.



### **Social and Emotional**

- I am beginning to feel confident being away from my mummy, daddy or main carer.
- I am able to express my emotions, thoughts and needs to be met.
- I am able to ask for help if I am struggling.
- I am willing to try.
- I am able to take turns and share.
- I can interact and play games with others.
- I try to be a good friend.
- I have resilience - I will keep trying.
- I know that making mistakes is okay and that I can learn from them.
- I can problem solve.

## Getting Ready to Learn

<h3 style="margin: 0;">Home Learning Tasks</h3> 		<p>Practise putting on and taking off a jumper</p> 	<p>Make a sign with your name on it</p>	<p>Practise washing your hands</p> 	
<p>Draw a picture of yourself</p>	<p>Tidy your toys</p> 	<p>Work on doing up your zips and buttons all by yourself</p>	<p>Count to 10, starting from zero</p>	<p>Learn how to use a knife and fork</p> 	<p>Listen to a story and talk about your favourite part</p>
<p>Choose a board game to play with your family - practise taking turns</p>	<p>Go for a walk on a sunny day</p> 	<p>Draw a picture of a friend from nursery</p>	<p>Practise changing your shoes</p> 	<p>Enjoy some colouring - try to stay in the lines</p>	<p>Give someone in your family a compliment</p> 
<p>Practise cutting out with scrap paper</p> 	<p>With a family member learn some counting songs</p>	<p>Open your own snack without an adult helping</p>	<p>Learn your full name, age and address</p>	<p><b>Well done!</b></p>	